



Black Swan



Hooded Plover



Spotted Pardalote



Australasian Swamphen



Chestnut Teal



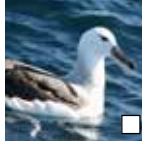
Little Tern



Yellow-tufted Honeyeater



Satin Bowerbird



Black-browed Albatross



Glossy Black-Cockatoo



Golden Whistler



Yellow-faced Honeyeater



Wonga Pigeon



Azure Kingfisher



Rufous Fantail



Silvereye



Topknot Pigeon



Superb Lyrebird



Brown Thornbill



Superb Fairy-wren



White-bellied Sea-Eagle



White-throated Treecreeper



Crimson Rosella



Variegated Fairy-wren



Bar-tailed Godwit



Southern Emu-wren



Eastern Spinebill



Yellow-tailed Black-Cockatoo



Pied Oyster-catcher



Eastern Bristlebird



Eastern Yellow Robin



Eastern Koel



Pacific Golden Plover



Rockwarbler



Laughing Kookaburra



Australian King-Parrot



Red Wattlebird



Scarlet Honeyeater



White-faced Heron



New Holland Honeyeater



Shoalhaven
SOUTH COAST - NSW

BIRD WALKS

SO MANY BIRDS - ONE DESTINATION

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BIRD WALKS

1. bangalee reserve
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6. abrahams bosom
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INFORMATION PROVIDED BY
BIRDLIFE SHOALHAVEN



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Shoalhaven

SOUTH COAST - NSW

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Edition: 02/21





Wonga Pigeon
Superb Lyrebird
Superb Fairy-wren



Brown Cuckoo-Dove
Spotted Pardalote
Yellow-tufted Honeyeater



Pied Oystercatcher
Pacific Golden Plover
Red-capped Plover



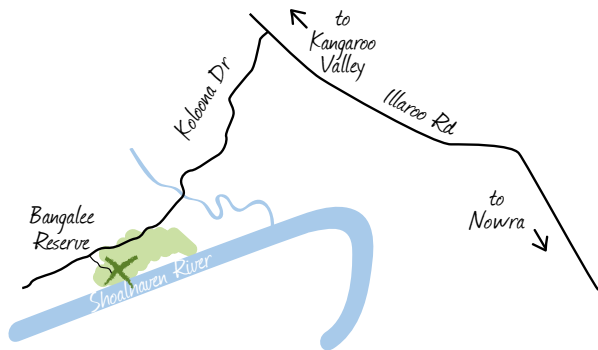
1 bangalee reserve

RIPARIAN WOODLAND, RAINFOREST, OPEN GRASSED AREAS, SANDSTONE CLIFFS, OPEN FOREST.

Up to 4.5km (2.5hrs)

Easy to medium grade, shady with some climbing depending on tracks chosen

Look for Large-billed Scrubwrens and Yellow-throated Scrubwrens resident in the rainforest. These are two uncommon species found in one location. Painted Button-quail have been sighted here as well. With a wide variety of habitat in only a small area, there are opportunities to see Bassian Thrush, Brown Cuckoo-Dove, Green Catbird, Wonga Pigeon, seasonal cuckoos, Satin Bowerbird, Superb Lyrebird, Eastern Yellow Robin, Lewin's Honeyeater, plus many of the other honeyeater species, and Superb and Variegated Fairy-wren in a morning's birding.



The reserve starts on Koloona Drive off Illaroo Road, about 10mins drive from north of the Nowra Bridge. Picnic facilities, toilets and shelters can be found here with great river views from the jetty. Walks to different habitats can be accessed from the track behind the remains of an 1890s slab hut.

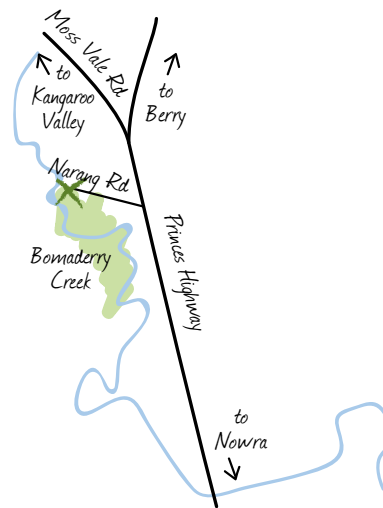
2 bomaderry creek

OPEN FORESTS, RAINFOREST, SANDSTONE CLIFFS.

Up to 5km circuit (2-3hrs)

Medium grade, shady with steps and ladders

This is both a scenic bush walk, as well as a top birding spot only a short distance from Nowra. The sandstone cliffs along the creek are probably the most accessible sites in the Shoalhaven to see NSW's endemic Rockwarbler. Yellow-tufted Honeyeaters are almost always seen here. Spotted Pardalotes and Satin Bowerbirds are common around the picnic area. Yellow-faced, White-naped, White-cheeked and New Holland Honeyeaters, Rufous and Golden Whistlers, thornbills and fairy-wrens can be seen in the forest, as well as less common pigeons such as Brown Cuckoo-Dove and Common Bronzewing.



From the Princes Highway at Bomaderry, turn off at Narang Road and travel for 300m to the park entrance on the left. This walk offers a few options, all within a beautiful sandstone gorge. The She-Oak Crossing Walk is a more difficult 3.9km loop across the creek. Bernie's Lookout is an easier walk.

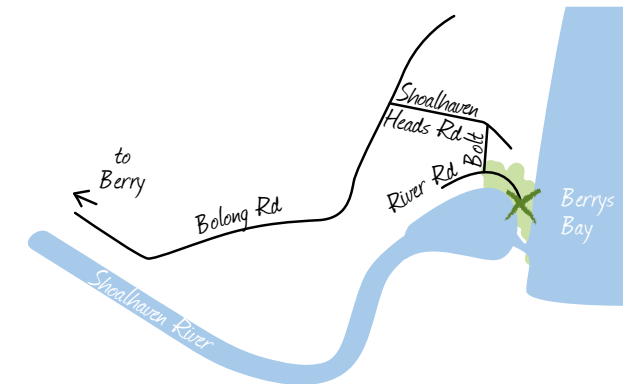
3 shoalhaven heads

BEACH, COASTAL DUNES, ESTUARY, MUDFLATS.

1.5km return (1.5hr)

Easy to medium grade, mudflats, paths and beach walking

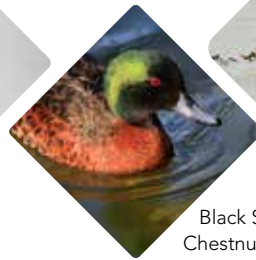
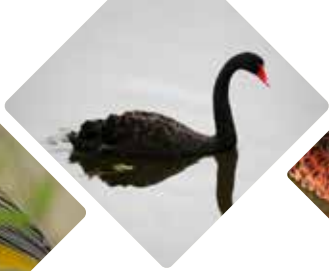
A number of migratory species, like Eastern Curlews, Pacific Golden Plovers, Bar-tailed Godwits and Red-necked Stints, are all common residents from spring until autumn. Ruddy Turnstones, Red Knots, Double-banded Plovers and White-fronted Chats can also be seen here. This is also a great spot for rarities, with an Inland Dotterel, Sanderlings and Lesser Sand Plovers having been seen here in the past. There are usually good numbers of residents such as cormorants, Black Swans, Red-capped Plovers and Pied Oystercatchers. Shearwaters and Australasian Gannets can often be seen offshore. Keep clear of the sign-posted nesting areas during spring and summer.



Turn right off Bolong Road into Shoalhaven Heads Road and after 1km, turn right into Bolt Street and then left into River Road. Drive to the carpark at the end of River Road where there are toilets and signage about shorebirds. Take one of the tracks to the beach and, if the river mouth is closed, walk along the beach about 800m and cross the dune back onto the river mudflats.



Rainbow Bee-eater
Rockwarbler
Golden Whistler



Black Swan
Chestnut Teal
Little Tern



Southern Emu-wren
Scarlet Honeyeater
Red Wattlebird



4 Bens walk

SANDSTONE CLIFFS, RIPARIAN WOODLAND, FARMLAND, RAINFOREST, TALL OPEN FOREST.

5km circuit (2 hrs)
Easy grade, many steps, flat sections

This is an excellent birding location on the very edge of Nowra with great views over the Shoalhaven River. Rainbow Bee-eaters migrate to the area in summer and nest in the steep banks at the entrance to Nowra Creek. Rockwarblers are often seen around Hanging Rock cliff-line and Southern Boobooks have been seen under the overhangs and in neighbouring foliage. A wide variety of the Shoalhaven's birds, including finches, honeyeaters, thornbills, whistlers and cormorants, are all seen regularly.



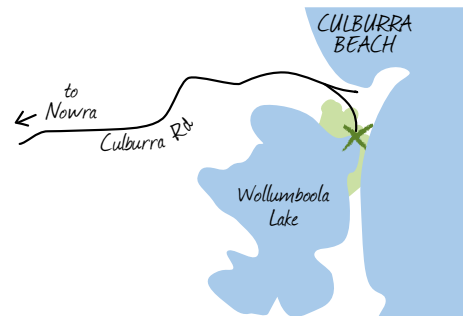
Bens Walk starts from the spectacular Hanging Rock at the Nowra Showground, about 1km west of the Nowra CBD at the end of Worrigeer Street. Although there is a footpath all the way, there are some rough sections that include rock steps and tree roots that must be negotiated. A suspension bridge over Nowra Creek provides access to a circuit around the creek and Depot Farm.

5 lake wollumboola

BEACH, COASTAL DUNES, LAKE, MUDFLATS.

1-2km (30mins - 2hrs)
Easy grade, sandbar and northern shore generally accessible
Access to eastern shore depends on lake conditions

Lake Wollumboola is an internationally recognised Key Biodiversity Area with its huge populations of Black Swans and Chestnut Teal and as a migratory bird habitat. Conditions for observing the lake's diverse bird life are most favourable during October-March and when lake levels are low. Threatened species include nesting Little Terns and Pied Oystercatchers, as well as migratory Curlew Sandpipers and Bar-tailed Godwits. Other migratory species include Red Knots, Sharp-tailed Sandpipers and Red-necked Stints and there have been rare sightings of a White-rumped Sandpiper, Hudsonian Godwit and Paradise Shelduck. Other interesting waterbirds may include Royal Spoonbills, Red-necked Avocets and egrets. Keep clear of signed nesting areas during spring and summer.



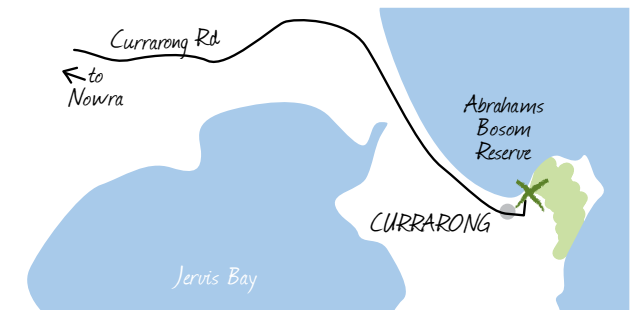
Proceed through Culburra Beach township via The Lake Circuit to park at Lakeside Park. Follow the gravel path to steps and panoramic views of lake, sandbar and ocean. Walk south along the sandbar and southeast shore or west along north shore, depending on lake water levels and closure to the ocean.

6 abrahams bosom

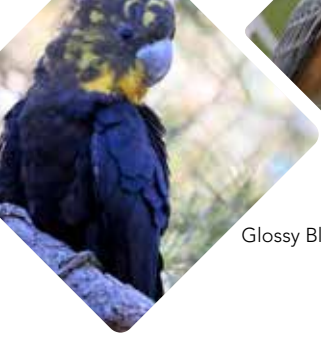
COASTAL HEATH, BEACHES, WOODLAND, SANDSTONE CLIFFS.

Coomies Walk - 9km (3-4hr) Medium grade
Wreck Walk - 2.5km return (1.5hr) Easy grade, undulating terrain, little shade and path can be boggy after rain

Endangered Eastern Bristlebirds and Southern Emu-wrens are a possibility in the heathland and there have been rare sightings of Regent Honeyeaters in the area. Many species of honeyeaters can be found in the heath, including Scarlet, White-cheeked, New Holland, Tawny-crowned and White-eared Honeyeaters, plus the larger Little and Red Wattlebirds. You may see Sooty Oystercatcher, Eastern Reef Egret and Ruddy Turnstone on the rock platforms, and White-bellied Sea-Eagles from the cliffs.



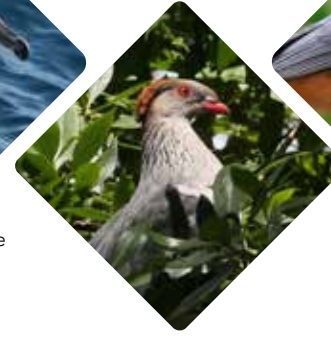
Head to Currarong and follow the coast road to Beecroft Parade to the Abrahams Bosom carpark and picnic area at the reserve's entrance. There are two walks at the reserve, both accessed over the bridge from the carpark. Wreck Walk continues along the coast and Coomies Walk turns right onto the headland past a number of features such as Gosangs tunnel and Merimbula Trig.



Glossy Black-Cockatoo
Rufous Whistler
Rufous Fantail



White-bellied Sea-Eagle
Eastern Bristlebird
Black-browed Albatross



Topknot Pigeon
Black-faced Monarch
Spectacled Monarch



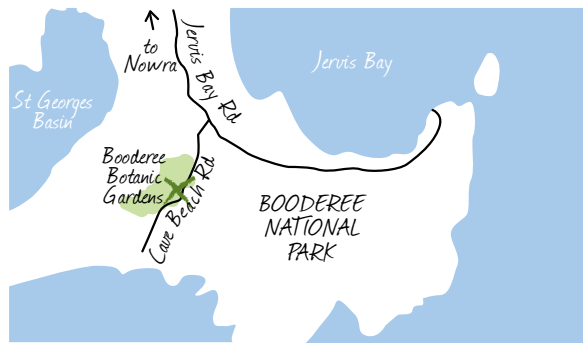
7 booderee botanic gardens

RAINFOREST, HEATH, WOODLAND.

Up to 4km (2hrs)

Easy grade, mostly sealed paths, some stairs, a lot of shade

With lots of sealed paths and good bush tracks, this is a great place for all ages and both beginner and experienced birders. Freckled Ducks have been seen on Lake McKenzie and Sooty Owls have been spotted at night, but the residents are the main attraction. The species list for the gardens is long and varied, including many honeyeaters and thornbills, Grey and Rufous Fantails, Cicadabirds, King-Parrots, Gang-gang, Yellow-tailed and Glossy Black-Cockatoos, Leaden Flycatchers, Australasian and Hoary-headed Grebes, Hardheads, Chestnut Teals, Rufous and Golden Whistlers, Brown Gerygones, Olive-backed Orioles and the Eastern Koels in summer.



Nature trails and paths combine to create a loop walk around Lake Mackenzie. Interpretive signage, toilets, picnic area and barbeque facilities are available. A second circuit on the opposite side of the carpark goes around the heathland habitat. Allow from one hour to a whole day for your visit. Entry fees apply in Booderee NP.

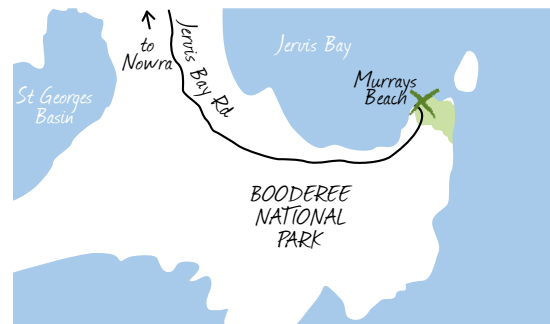
8 munyunga waraga dhugan trail

COASTAL HEATH, BEACHES, WOODLAND, SANDSTONE CLIFFS.

5.4km circuit (2.5hrs)

Easy grade, undulating sandy tracks, interpretive signs, little shade

This walk offers amazing views across Jervis Bay and along the coast. Look for Little Penguins in the waters as there is a colony on Bowen Island just north of Governor Head. A range of honeyeaters can be seen as you pass through eucalypt and casuarina forest and the heathland. White-bellied Sea-Eagles, Peregrine Falcons and Whistling Kites are also seen regularly. There is usually a variety of thornbill species in the carpark area, including the Brown, Striated and Yellow Thornbill. Eastern Bristlebirds are regularly seen on the tracks through the heathland with possible sightings of Ground Parrots. Australasian Gannets and albatrosses are regularly sighted from the cliff tops.



The Aboriginal name for the circuit is Munyunga Waraga Dhugan, which means "the White-bellied Sea-Eagle's home camp". The walk starts at the Murrays Beach carpark at the end of Jervis Bay Road. Entry fees apply in Booderee NP.

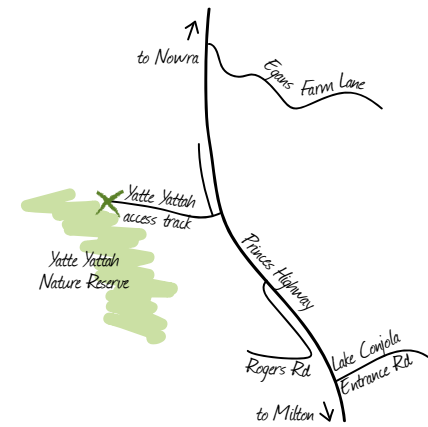
9 yatte yattah nature reserve

DIVERSE WOODLAND, RAINFOREST.

2-3km return (2hrs)

Easy grade (to powerlines) then difficult (on rainforest tracks)

Wonga Pigeons, Brown Cuckoo-Doves and Green Catbirds can usually be heard down in the rainforest. Topknot Pigeons often feed in the trees along the margins. Common small birds include thornbills, Brown and White-throated Gerygone, fairy-wrens and Black-faced Monarchs during spring and summer. White-winged Trillers and Satin Flycatchers have been seen here. A Spectacled Monarch has been recorded down in the rainforest. The eucalypt forest is a good location for Eastern Rosellas, not a common bird in this area.



An easily accessible reserve, 600 metres north of the Lake Conjola turnoff from the Princes Highway. Walk downhill through the gate, over one stile and 200 metres or so to another stile leading to the park signage. Continue downhill to the power lines. From here there are several tracks down into the rainforest gullies.



Olive Whistler
Yellow-faced Honeyeater
Beautiful Firetail



Little Pied Cormorant
White-throated Treecreeper
Satin Bowerbird



Hooded Plover
Lewin's Rail
Azure Kingfisher



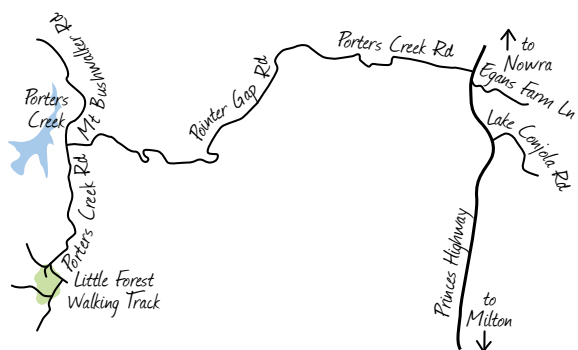
10 little forest plateau

DIVERSE FORESTS, HEATHLAND.

3km to Florence Head (3hrs return)

Medium grade, undulating walking path, sandy fire trail

This is a good area to see large flocks of honeyeaters during their autumn migration. Yellow-faced, White-naped and Crescent Honeyeaters, Noisy Friarbirds, Little and Red Wattlebirds are all common. The heathland is a good place to see a Ground Parrot, Southern Emu-wrens and Beautiful Firetails. The cliffs and boulders beside the road, a couple of hundred metres back from the carpark, is a good location for Rockwarblers. Olive Whistlers are sometimes seen on the tracks.



From the Princes Highway, just north of Lake Conjola turnoff, take Porters Creek Road which becomes Pointer Gap Road. Turn left at the T-intersection towards the dam for 2.5km. There is a small carpark on the left with signage that heads you towards Florence Head. About 3km from the carpark there are spectacular views across Morton National Park and along the coast from the edge of the escarpment.

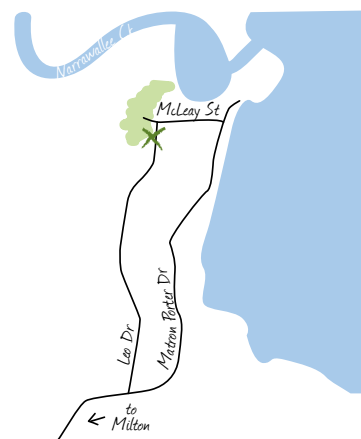
11 narrawallee inlet

COASTAL WOODLAND, ESTUARY.

2.5km return (1.5hrs)

Easy grade, formed walking path, sandy fire trail

Common small birds along the track include fairy-wrens, White-throated Treecreepers, Varied Sittellas, Spotted Pardalotes, thornbills, Brown Gerygones, Leaden Flycatchers, Black-faced Monarchs and whistlers. Cicadabirds and Rose Robins have also been seen here. White-headed Pigeons, Brown Cuckoo-Doves and Satin Bowerbirds are all fairly common. At the inlet, look for cormorants, Azure and Sacred Kingfishers and a Striated Heron in the mangroves. White-breasted Woodswallows are common around the inlet during summer.



Follow Matron Porter Drive towards Narrawallee Inlet, turn left into Macleay Street just before the inlet and then left into Leo Drive. The walking track starts beside a little pump station between the houses and bushland. Follow the walking track and then turn right along the fire trail to the inlet.

12 burrill lake

SUBURBAN PARKLAND, ESTUARY, BEACH.

2.5km return (1.5hrs)

Easy grade, parkland paths, firm sandy beach

Grey and Chestnut Teal, Azure Kingfishers, Buff-banded Rails and occasionally Lewin's Rail can be seen in the creek and the vegetation along its edges. Nankeen Night-Herons sometimes roost in the trees along the creek and Yellow Thornbills are common in the Casuarinas. When the large fig tree on the beach side of the creek is fruiting, Eastern Koels, Satin Bowerbirds and Figbirds feed in it. Red-capped Plovers are common at the lake entrance and Sooty Oystercatchers on the rocks. The entrance is also a good site for Hooded Plovers and Double-banded Plovers during autumn and winter.



From Princes Highway, south of the Burrill Lake bridge, park at Lions Park. There is usually a good range of water birds on the lake, on both sides of the highway bridge. Walk towards the beach, across the bridge over a little creek. From the caravan park, walk along the lake edge to the entrance.